

Major Map: Applied Sport Psychology and Counseling Bachelor of Science

College of Education

Department of Educational and Developmental Science Bulletin Year: 2025-2026

This course plan is a recommended sequence for this major. Courses designated as critical (!) may have a deadline for completion and/or affect time to graduation. Please see the Program Notes section for details regarding "critical courses" for this particular Program of Study.

Critical		Credit		Major		Prerequisites	Notes
Semest	er One (15 Credit Hours)						
	ENGL 101 Critical Reading and Composition	3	С		CC-CMW		
	Carolina Core ARP Requirement ³	3			CC-ARP		
	Carolina Core AIU Requirement ³	3			CC-AIU		
	PSYC 101 Introduction to Psychology	3			CC-GSS		
	Elective (UNIV 101 The Student in the University)	3			PR/CC		
	or Carolina Core Requirement³ (and/or Foreign ´´ language⁴)				(GFL)		
Semest	er Two (15 Credit Hours)	•					
	ENGL 102 Rhetoric and Composition	3	С		CC-CMW CC-INF	C or better in ENGL 101	
	Carolina Core ARP Requirement ³	3			CC-ARP		
	Carolina Core SCI Requirement ³	4			CC-SCI	See listing in Bulletin.	
	PEDU 190 Intro. to the Description & Analysis of Human Movement (offered spring only)	2	С		MR		
	Elective (MATH 111, if needed) or Carolina Core ³	3			PR/CC		
	Requirement (and/or Foreign language ⁴)				(GFL)		
emest	er Three (15 Credit Hours)				(0: 2)		
	PEDU 515 Physical Ed. for Inclusion (offered fall only)	3	С		MR		
	PSYC 220 Psychology Statistics	3				C or better in PSYC 101 & in MATH 111	
	PSYC 380 Sport Psychology	3	С		MR	o or better in the form of the introduction of the	
	Carolina Core SCI Requirement ³	3			CC-SCI	See listing in Bulletin.	
	Carolina Core GHS Course	3			CC-GHS	See listing in bulletin.	
omoot	er Four (16 Credit Hours)	3			CC-GHS		
		3		1	MR		
	PEDU 302 Foundations of Coaching PEDU 420 Motor Learning in P.E. (offered spring only)	3	C	-	MR		
		4	C			C or botton in DCVC 220	
	PSYC 221 Research Methods in Psychology		_		PR	C or better in PSYC 220	
	EDCE 360 Intro. to the Counseling Profession	3	С		MR		
	Carolina Core CMS/VSR Requirement ³	3			CC-CMS CC-VSR		
emest	er Five (15 Credit Hours)						
	PEDU 275 Functional Musculoskeletal Anatomy	3	С		MR		
	PEDU 511 Effective Applied Sports & Performance Psychology	3	С		MR	C or better in PSYC 380	
	PEDU 520 Observational Analysis of Sports Tech. & Tactics (offered fall only)	3	С		MR		
	EDCE 340 Counseling Through a Multicultural Lens: Understanding Self and Others	3	С		MR		
	PSYC Course ⁵	3			PR	See listing in Bulletin.	
em <u>es</u> t	er Six (15 Credit Hours)						
	EDCE 350 Interpersonal Communication Skills	3	С		MR		
	EDEX 205 Understanding the Foundations of Disability or EDEX 523 Introduction to Exceptional Children	3			PR		
	SOCY 101 Introductory Sociology	3			PR		
	PSYC Course ⁵	3			PR	See listing in Bulletin.	
	Elective	3			PR	and meaning in Bullouin.	
emest	er Seven (15 Credit Hours)						
	EXSC 410 Psychology of Physical Activity	3	С		MR	C or better in PSYC 101	
	PEDU 516 Diversity & Cultural Perspectives in Sport &	3	C	1	MR	O OI DELLEI III FOTO TOT	
	Performance						
	PEDU 570 Human Child/Adolescent Growth (offered fall only)	3	С		MR		
	PEDU 647 Coaching Ethics, Law and Compliance	3	С	1	MR		
	PEDU 660 Counseling Student Athletes	3	С		MR		
	er Eight (14 Credit Hours)						
	EDCE 520 Wellness and Mental Health	3	С		MR		
	SOWK Course ⁶	3			PR	See listing in Bulletin.	
	PSYC Course ⁵	3			PR	See listing in Bulletin.	
	Elective	3			PR		
	Elective	2			PR		

Graduation Requirements Summary

Minimum Total Hours	Minimum Major College & Program Requirements Hours Requirements Hours		Carolina Core Hours ³	Minimum Institutional GPA
120	50	33-39	31-37	2.25

- 1. Regardless of individual course grades, students must maintain a minimum 2.75 cumulative GPA.
- 2. Some colleges require a minimum GPA for major courses. Courses indicated in this column are included in the major GPA for this program of study.
- 3. The Carolina Core provides the common core of knowledge, skill and academic experience for all Carolina undergraduate students.
- 4. The Carolina Core requires either two approved courses in one foreign language or a score of 2 or higher on the placement test.
- 5. Students must complete three psychology courses (9 hours) or others as approved by advisor: **PSYC** 300, 301, 330, 350, 360, 400, 405, 410, 420, 430, 440, 450, 455, 465, 475, 503, 507, 510, 520, 526, 583, 589.
- 6. Students must complete one social work course (3 hours) or another as approved by advisor: SOWK 222, 303, 305, 311, 341.

Program Notes:

- All undergraduate students must take a 3-credit course or its equivalent with a passing grade that covers the founding documents. This course may fulfill any requirement in the program of study. Courses that meet this requirement are listed in the academic <u>bulletin</u>.
- Students in the Department of Educational and Developmental Science may attempt to earn a satisfactory grade in a major course no more than two times.

University Requirements: Bachelor's degree-seeking students must meet Carolina Core (general education) requirements. For more information regarding these requirements, please visit the <u>Carolina Core</u> page on the University website.

Codes:							
CC	Carolina Core	CC-INF	Carolina Core – Information Literacy				
CC-AIU	Carolina Core-Aesthetic and Interpretive Understanding	CC-INT	Carolina Core – Integrative Course				
CC-ARP	Carolina Core-Analytical Reasoning and Problem-Solving	CC-SCI	Carolina Core – Scientific Literacy				
CC-CMS	Carolina Core-Effective, Engaged, and Persuasive Communication: Spoken Component	CC-VSR	Carolina Core - Values, Ethics, and Social Responsibility				
	Effective, Engaged, and Persuasive Communication: Written Component	CR	College Requirement				
CC-GFL	Carolina Core-Global Citizenship and Multicultural Understanding: Foreign Language	MR	Major Requirement				
CC-GHS	Carolina Core – Historical Thinking	PR	Program Requirement				
CC-GSS	Carolina Core – Social Sciences	,					

Disclaimer: Major maps are only a suggested or recommended sequence of courses required in a program of study. Please contact your academic advisor for assistance in the application of specific coursework to a program of study and course selection and planning for upcoming semesters.