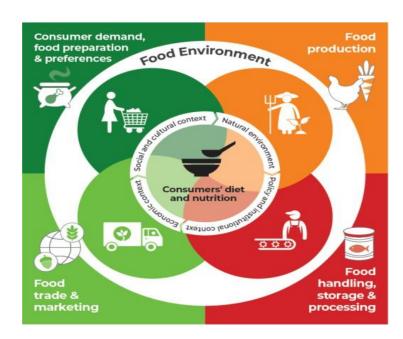
Arnold School of Public Health

Department of Health Promotion, Education, and Behavior University of South Carolina

# Undergraduate Minor In **Nutrition and Food Systems**



# Minor goals

- Understand political, social, and economic contests for changes in world food systems.
- Understand connections between soil, water, and air health, the food supply, and human health and chronic disease.

### Minor requirements

- A minimum of 18 credit hours
- HPEB 502- Applied Aspects of Human Nutrition
- HPEB 488-Food Systems (offered Fall semester only)
- HPEB 489-Food Systems Capstone Seminar (offered Spring semester only)
- One course from "Food & Environment" approved topic courses
- One course from "Nutrition" approved topic courses
- One course from "Sustainability and Justice" approved topic courses
- · Courses must be completed with a grade of "C" or higher

## Why this minor is important

- Nutrition and food systems are inextricably linked to the health of our communities and to planetary health.
- The rapidly changing food systems is altering planetary nutritional intake.
- There is a shortage of trained professionals to guide communities in transforming food systems to promote environmental sustainability, improve nutritional health, and address social justice.

# What you will gain from this minor

Take courses that focus on production, processing, retail, consumption, and disposal of food.

- Integrate interdisciplinary course work into your academic curriculum.
- The ability to incorporate it into your major including, but not limited to:
  - o exercise science
  - psychology
  - o sociology
  - anthropology
  - o political science
  - global studies
  - nursing
  - women's studies
- Be able to find work in many settings such as:
  - Nonprofit governmental organizations
  - Nonprofit organizations
  - Government agencies
  - o Private organizations
  - Philanthropic organizations
  - Universities

For questions or more information, contact:

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https://sc.edu/study/colleges\_schools/public\_health/study/undergraduate\_degrees/nutrition\_and\_food\_systems/

